

# F]lex

**DAILY HEALTH**

A potent 3-in-1 blend designed  
for joint health & support\*



*Flex is a maximum-strength, joint-health supplement that helps keep your body flexible—so you can stay active for life.\**

---

## WHAT YOU SHOULD KNOW ABOUT JOINT HEALTH\*

---

*Being only 10 lbs. overweight can put an extra 30-60 lbs. of force on your knees with every step. Ouch!*

*People overweight and those who engage in physical activity will most likely deal with joint issues throughout their life.*

*Most joint supplements rely on only one ingredient, when there are additional ingredients that work together to support healthy joints.*

---

## *So Long, Sore Joints\**

By combining 3 of today's most studied and promising joint-health nutrients, Flex's formula works together to protect and nourish joints against the effects of extra body weight, as well as the impact of a healthy and active lifestyle.

- *Glucosamine – Supports the health of cartilage, the spongy joint tissue that cushions impact and friction.*
- *Hyaluronic Acid – Helps lubricate and nourish your joints' connective tissues for lasting health and durability.*
- *Boswellia serrata – Used for centuries, recent research indicates it can be an effective supplement for fighting joint-related inflammation associated with exercise.*